

# VFW awards scholarships in Lewiston

Veterans of Foreign Wars Downriver Post 7487 presented the Bruce R. Sutherland – Lawrence A. Stephens Memorial Scholarship to Evan Hoffmann and Anthony Peters at a ceremony Friday at the “Circle of Honor” in Lewiston’s Academy Park.

Peters is a Lewiston-Porter High School graduate who will attend Purdue University to study computer and electrical engineering. Peters is a graduate of Chesterton Academy of Buffalo who will attend the University at Buffalo to study marketing.

Presenting the award was VFW Cmdr. Gordon Spencer, and Jackie Sutherland, Bruce’s wife.

The VFW asked students to produce an essay stating how each entrant can be a good American. Here’s how the scholarship winners answered that question:

### Evan Hoffmann

America has stood strong as a nation, defending independence, freedom, and liberty for the over 200 years since its founding. Natural rights and the implementation of democracy worldwide have been greatly influenced by America’s every action. Therefore, I believe that the principle that defines a “good American” is someone willing to do what they can to defend and develop these rights both locally and internationally.

When America was first founded it held many flaws such as the ineffectiveness of the Articles of Confederation, the treatment of women, and the usage of slaves after declaring all men equal. It is only due to the actions of great Americans that these issues have been solved today. Great Americans to me are people like Harriet Tubman, Rosa Parks, Abraham



Lincoln, and Martin Luther King. Those are all people who took action when injustice was realized: prompting a change to happen. Without Harriet Tubman, hundreds of lives would have remained enslaved. Without Abraham Lincoln, slavery might have persisted in America for decades longer. Without Rosa Parks and Martin Luther King, real change and desegregation might have never happened in the South. All of these people found a cause they believed in and fought tooth and nail to create a better future for America. Their actions directly or indirectly granted people freedom and rights, the way that the founding fathers had promised.

Not all people can achieve great things on such a scale as those historical figures, however, that does not mean that they can’t be a part of the change. A great American must have it within themselves to be the change that they believe in. If they believe that the environ-

ment needs protection, then they should take the initiative to do their part to clean and protect it. If they believe that a minority is being suppressed, they should show their support in any way they can. A great American embodies the change they wish to happen because America evolves.

### Anthony Peters

I believe the key to being a good American is threefold. The three components that summarize the American lifestyle the best are: preserving American values and ideals, respecting people’s rights, and defending America’s honor. I believe that if an individual lacks these characteristics, they cannot be called patriotic.

Holding true to America’s values is the most important. I cannot be American if I do not stand for America. The concepts and ideals laid out by our founding fathers in the Constitution and Declaration of Independence must be upheld: the dignity of the person,



the sovereignty of state, and the rights of the individual.

Respecting others’ freedoms and rights is vital to a secure prosperous American society. Whenever the right to life, the right to practice religion, or the right to speech/press is violated, the culprit undermines the integrity of the American populace. As a self-proclaimed patriot, I who honor the flag, must honor free speech also, even when it is unpopular. In addition, I must honor the right to life, even when it is undesirable, and the right to religion, even when the set of beliefs does not coincide with mine. The defense of my compatriots’ rights is important to the defense of our country’s honor.

St. Paul said in one of his epistles, something to the effect of, “if you don’t work, you don’t eat.” Likewise, if an inhabitant of the U.S. does not do his/her part to honor the country, defend its values, and respect others, the country will begin to malfunction. It is not enough

to live by the nation’s ideas, I must stand for them. America should not be likened to a doormat. Patriots must stand against any attempt to violate speech, life, or freedom. America cannot exist unless we look to our borders, both literally and figuratively, and defend it against threats, both domestic and foreign, with the means at our disposal, whether through arms or argument.

In conclusion, the life of a good American is a lot of work. However, what America stands for cannot be violated. In order to be a good American, it is crucial that I respect others, abide by the laws, and defend my country, for, a patriot cannot slack on his duties when he has received a higher calling to serve his country.

## Town Clerk’s Corner

### Town Highway Department reminders on pickups

•Residents are advised that town residential garbage pickups for July 4 will be suspended for one day in observance of Independence Day, with collections taking place Tuesday, July 5.

•The Niagara County Department of Health, in cooperation with the Niagara County Veterinary Society, will sponsor a free rabies immunization clinic from 9 a.m. to noon Saturday, July 9, at the Town of Royalton Highway Garage, 5317 Royalton Center Road. For more information, call 716-439-7511.

•The Highway Department advises residents that crews are out daily on a regular pick-up rotation throughout the town. Some helpful reminders: It takes approxi-

mately four to five weeks for crews to complete the entire town. Please do not call the office – there are no scheduled pickups.

Different equipment is used depending on the size of the pile; not all equipment is in the same neighborhood at the same time. If you need brush gone by a certain day, you have the option to bringing it to the Town Garage, 1445 Swann Road. Brush dump hours are from 7:30 a.m. to 3 p.m. weekdays.

#### TOWN CLERK’S CORNER



Donna R. Garfinkel

Leaves will not be picked up until fall. In addition, the Lewiston Highway Department crew does not pick up rocks, stumps, lawn clippings, twigs, vines, building materials, rubbish, etc.

•With summer travel upon us, make travel “E-Zier” with the purchase of an “E-ZPass on the Go.” The clerk’s office is an authorized “E-ZPass on the Go” retailer. The cost is \$25. Once the tag is registered, those monies go directly on the tag to use for tolls. Any questions, please contact the

clerk’s office at 716-754-8213, ext. 222 or 256.

•It’s that time of year: Everyone is outdoors enjoying the summer weather. People are biking, running and walking, and children are playing outside. For your safety and others, please watch your speed, obey all traffic signs, and take an extra moment to check your surroundings.

•And while visiting all Lewiston Town Parks, please adhere to the “Smoke Free Zone” signs placed throughout our parks.

## Real Help For Your Health

Presented by  
**Dr. Glenda R. Rose**  
Chiropractor



### A Healthier Mid-Back Helps Internal Organs

There are 12 spinal bones (vertebrae) in your mid-back (the thoracic spine), each of which has two ribs attached.

Between the spinal bones exit nerves, which travel between the ribs and also branch to internal organs, these are called “sympathetic nerves”. These nerves are essential for your overall health, body function, and resistance to disease. The “sympathetics” form nerve chains that regulate your body temperature, blood pressure, heart rate, digestion, and blood supply to your heart, lungs, kidneys, intestines, stomach, bowels, sex organs, liver, spleen, pancreas, glands, and even your eyes, ears, and brain.

Chiropractic is a system of health care that releases one of the most serious forms of stress from your body: spinal nerve stress. When a chiropractor releases pressure in your mid-back, the benefits can be profound physically and psychologically. Could you benefit from less drugs and surgery in your life? Why not join millions of others who are enjoying the benefits of the most popular non-medical health care system in the world – Chiropractic!

Rose Chiropractic, P.C. is a natural health care practice improving the health of our community through chiropractic, Nutrition Response Testing<sup>SM</sup> and education, located at 435 Ridge St., Lewiston. Call (716)754-9039.

## Employment Opportunity

**Police Chief-P/T:** Direct responsibility for all police functions, ability to organize, plan and direct law enforcement activities, budgeting, report preparation. Multitasking abilities, enforcement of State and Local Laws. Excellent communication skills a must. Must have been appointed law enforcement through eligible list at some time.

**Senior Van Driver-P/T:** Must possess a valid driver license. Must be able to operate a motor vehicle used in the transport of senior citizens to and from various appointments. Loading and unloading of packages, clean and maintain vehicle, keep accurate records including mileage log. Flexibility for schedule necessary. Ability to organize and schedule daily ride appointments for maximum efficiency \$13.20/hr

Please forward resume via email to [clerksoffice@youngstownnewyork.us](mailto:clerksoffice@youngstownnewyork.us), mail to PO Box 168, Youngstown, NY, or deposit in drop box at Village Center, 240 Lockport St. by June 27, 2022



**Town of Wheatfield**  
presents  
**4<sup>TH</sup> OF JULY  
FIREWORKS**  
Celebrate with your family and friends at  
**Oppenheim Park**  
**Monday, July 4th, 2022**  
**at dark**  
Music by Sooner Tunes Productions  
starting at 6pm