

Donations, volunteers sought for annual program

Continued from Page 1

Holiday Baskets program. We will again be providing food to needy individuals and families, and gifts for needy children. We are again requesting your help to make the program a success," program organizer and village resident Beverly Roach said.

A yearly program that typically sees participation from the Youngstown Civic Guild, Lewiston-Porter School District retired teachers, Youngstown Boy Scouts and village residents, scores of volunteers team up to gather a variety of Christmas gifts, foods, gift cards and such for distribution to the area's needy families. However, due to COVID-19, organizers will be working through some adjustments on how the overall program will be handled though for Christmas season, with health and safety considerations prominent for all involved.

"Due to COVID-19, there will be changes this year in order to keep recipients and volunteers safe," Roach said. For example, "In place of buying groceries for needy families, we will be using donations to buy Tops and ALDI's gift cards. Distancing and sanitizing protocols will be in place for all activities. And, you will need to wear a mask."

The community's help is still needed. And here's what residents can do to help. Roach said cash donations to purchase food

gift cards and children's gifts "are more important this year than ever." Checks, in any amount, may be made payable to the Youngstown Civic Guild and requested to be mailed to 337 Riverview Drive, Youngstown, NY 14174.

Another way residents can help out is become an angel, Roach said: "Provide a gift or a gift card for a child."

She asked those who would like to become an angel and "adopt" a child to make Christmas brighter contact gift chair Janet Brooks at 745-7260.

Those who would like to purchase individual gifts or gift cards can deliver them to the Youngstown Red Brick Village Center gym, 240 Lockport St. Drop-off times are 10 a.m. to 1 p.m. Monday, Dec. 7, to Thursday, Dec. 10. One may also deliver gifts to the manned table found outside the Youngstown Free Library at the Red Brick from 4-6 p.m. Dec. 7-10.

Social distancing and sanitizing protocols will be in place at the Red Brick gym, as well as outside the library. One must wear a mask to enter, Roach said.

Those interested in assisting with gift-wrapping, once all gifts are gathered, can contact Brooks to participate.

"She will schedule you, because we can only have a small number of people in the gym," Roach said.

Another way residents can assist in this campaign is via donations of nonperishable food. Contribution boxes for will be in place at several business locations in Youngstown and Ransomville areas.

"Please put your food donations there, or they may be left in bags at the manned outside Youngstown Library pick-up table," Roach said.

Boy Scout Troop 829 will pick up donations from residences starting at 10 a.m. Sunday, Dec. 6, in the Village of Youngstown.

Once all gifts and other nonperishables are all organized, volunteers are needed to help with gift wrapping and preparation of foods and gifts for needy families. Roach said this activity would be going on from 10 a.m. to 1 p.m. during the week of Dec. 7-10 at the Red Brick gym.

"We will schedule a small number of people each day to help. There will be (social) distancing and sanitizing protocols in place and you must wear a mask," Roach reminded.

Those interested in participating are asked to contact Brooks (745-7260) or Rita Rolfe (745-3562) to be scheduled.

Once all the leadoff work is done, assistance will be needed for the delivery of foods and gifts to needy residents in the community. Volunteers are asked to join the delivery blitz starting at 9 a.m. Saturday, Dec. 12, at the Red Brick gym.

"Everything will be packed and ready to be delivered ahead of time to decrease the person-to-person handling in the gym," Roach said.

Those interested in joining in may contact Colleen Summerville Johnson at 531-6701 or John Rolfe at 998-6083 to be scheduled.

Roach closed by reminding those who may be in need there is help available: "If you find you need help this year, let us know."

She said residents in need could contact Rita Rolfe or the Village of Youngstown Village Clerk's office (745-7721) for more information. Names and family information are kept private.

"Thanks again for joining in and experiencing the true spirit of the season!" Roach said.

'In the Loop' with the Lew-Port Board of Ed

Lew-Port prepares for possible 'yellow zone' designation

BY JODEE RIORDAN
Board of Education President

I hope you had a restful Thanksgiving holiday and today find you enjoying your Tribune/Sentinel over a cup of coffee and some leftover pumpkin pie.

The holiday season is now upon us and, like the school year, it will undoubtedly be unique and challenging. But even in these difficult times, there will be joyful things to do and opportunities for giving, and we still have plenty to both celebrate and be grateful for. As Superintendent Paul Casseri said in his Thanksgiving message to the community: Please know there are better times ahead.

As to our current challenges, things continue to change very quickly. Here is what you need to know to be "In the Loop."

Lewiston-Porter is preparing for the possibility of our district moving to a "yellow zone" designation, along with other areas of Niagara County.

In a "yellow zone," schools are required to randomly test 20% of their staff/student population over a two-week period. If the district's positivity rate is at or above the micro-cluster positivity rate, then the district must continue to randomly test 20% of its staff/student population on a two-week basis while remaining open. If the results from those tests show the district's positivity rate is below the micro-cluster positivity rate, then the district does not need to test further. The district in the "yellow zone" can then remain open for hybrid students.

It is Lew-Port's goal to remain open and continue to provide in-person learning as long as we are able. To meet the testing requirement, Lew-Port has applied to become a limited service testing lab (LSL) with the New York State Department of Health. We expect that designation sometime next week, and are developing secure space/locations and protocols in each of our schools to do this testing.

Testing will be conducted by Lew-Port school nurses under the direction of Dr. Shawn Ferguson (Lew-Port school physician), Dr. Patricia Grupka (assistant superintendent for administrative services), and building administration.

The recent family stakeholder survey affirmed 70% of families would allow their child to be tested for COVID-19 in school if the district was designated as a "yellow zone" micro-cluster, allowing the

district to meet the 20% testing requirement.

All families in the hybrid model received a packet with specific information on the testing procedures and protocols, along with a permission slip to consent to testing. The information packet includes a QR code with a link to the test being performed. A video will help families make a decision regarding consent for their child/ren based on their level of comfortability with the type of test. There is also an option for parents to be present when their child is being tested, if you consent to a test.

Any family that does not wish to have their child tested by the school can opt-out of the process. To consent, permission slips are required to be returned by Wednesday, Dec. 2, for green group students and Friday, Dec. 4, for white group students. Permission forms are also available online on each school's home page on the website.

Please note that testing will only take place in the case of a "yellow zone" micro-cluster designation for our schools, and no child will be tested without parental permission. If you have any questions regarding the testing after reviewing the materials, please reach out to your child's building principal, Dr. Grupka or Superintendent Casseri directly and continue to closely follow updates sent from the district.

The Board of Education met this week and was proud to celebrate School-Related Professionals Month. SRP leaders Kim Sembert, Donna Parent, Beth Bock and Karen Brown joined the BOE (via Zoom) in recognizing the amazing and essential work of our wonderful support staff: We honestly could not do any of this without the dedication of each of these professionals, and we truly appreciate all that they do each and every day.

The BOE also welcomed Carley Wright, middle school counselor and adviser of the Middle/High School Gay Straight Alliance (GSA) to accept a generous donation to benefit the club from a L-P alum. Lew-Port's GSA serves to support and empower its LGBTQ students and allies through middle and high school, and the donation will provide the club with resources for educational and club programming while also sending a strong message of support to our LGBTQ students.

Dr. Heather Lyon, assistant superintendent for curriculum, instruction, and technology, reviewed the results of the recent

SEE IN, continued on Page 14

Real Help For Your Health

Presented by
Dr. Glenda R. Rose
Chiropractor



Rules for your Neck

- Do not lie on the sofa to watch T.V. - sit up properly.
- Do not prop your head up or forward on high pillows when reading or watching T.V.
- Never sleep on your stomach or with your arms above your head. Lie on your side and adjust the pillow so head and neck in a neutral position, not bent.
- If you sleep on your back, put the support of the pillow under your neck, not under your head. A regular pillow should not be more than 3-4 inches thick.
- If you have neck problems, a contour cervical pillow is designed to support the natural curvature of the neck. Fittings are available at our office.
- Never sleep in a car or on a plane without neck support.
- Never sleep in a recliner chair or on a couch as these do not support the spine properly. When you get tired, go to bed.
- Isometric exercises by pushing against your head can aggravate already existing neck problems.
- Rolling your head in a circle can aggravate some neck problems, so discontinue if you notice pain.
- Do not reach for a shelf higher than your head. Stand on a stool or use grasping tool.
- Do not reach or look up for any length of time.

If you happen to violate the rules and end up with a pain in the neck, call 754-9039.

Rose Chiropractic, P.C. is a natural health care practice focusing on health improvement through Nutrition Response TestingSM and chiropractic, located at 435 Ridge St., Lewiston.

535 Division St. Twin City Highway
North Tonawanda • 693-2802
OPEN DAILY! MON - SAT: 6AM - 10PM
SUN 6AM - 9PM

THE MARKET IN THE SQUARE

VISIT US ON THE WEB FOR OUR WEEKLY SPECIALS
themarketinthesquare.com

LOCAL FAMILY OWNED & INDEPENDENTLY OPERATED

MAKE EXTRA CASH \$\$\$

Drivers needed to deliver the
Niagara County Tribune/Sentinel

- Delivery on Fridays
- No Collecting
- No Inserting
- Independent Contractor

(Requires a valid license and insurance)

 Since 1944

NIAGARA FRONTIER PUBLICATIONS

PLEASE CALL CIRCULATION AT 773-7676 EXT 105 TO DISCUSS DETAILS!



NOW is the time to Shop Local

 Since 1944



Shopping small adds up... 67¢ of every dollar spent at a small business stays in the local economy. To find gifts in our area, watch NFP's papers.

The Youngstown Village Diner
425 Main St., Youngstown • 745-9858

~ WEEKLY SPECIALS ~

MON 6AM-2PM - Soup and Sandwich Specials
TUE 6AM-8PM - Spaghetti and Meatballs, Chicken Parm, Eggplant Parm, Penne Parm or Liver & Onions
WED 6AM-8PM - Chicken & Biscuits, Hot Turkey Sandwich or Fish
THURS 6AM-8PM - Pot Roast w/Mashed Potatoes, Fresh Carrots & A Biscuit or Haddock - Battered, Breaded, Baked
FRI 6AM-2PM - Haddock, Fish Sandwiches, Tuna Melts & New England Clam Chowder
SAT & SUN OPEN AT 6AM - Eggs Benedict, Banana Walnut Pancakes, Spinach & Feta Omelet & Our Full Breakfast & Lunch Menu