

Niagara Wheatfield Central Schools

Lunch Menu for upcoming week of Jan. 25 - Jan. 29

Elementary (ES), Middle (MS) & High (HS)

MONDAY - HS, MS, ES: Chicken & gravy, mashed potatoes, dinner roll, carrots, diced peaches OR yogurt parfait OR buffalo chicken pizza OR hamburger on a bun **ES:** OR chicken nuggets **MS, HS:** OR chicken sandwich w/lettuce & tomato.

PARENT PICKUP: Buffalo chicken sub, broccoli, applesauce.

TUESDAY - HS, MS, ES: Nacho grande w/corn, cheddar, sour cream & salsa, diced pears OR yogurt parfait OR cheese pizza OR hamburger on a bun **ES:** OR chicken nuggets **MS, HS:** OR chicken sandwich w/lettuce & tomato. **PARENT PICKUP:** Taco w/corn, cheddar, sour cream & salsa, blueberries.

WEDNESDAY - HS, MS, ES: French toast sticks, 2 sausage links, hash brown, apple juice, mixed berry cup OR yogurt parfait OR cheese pizza OR hamburger on a bun **ES:** OR chicken nuggets **MS, HS:** OR chicken sandwich w/lettuce & tomato. **PARENT PICKUP:** French toast sticks, hash brown, sausage links, apple juice, cupped strawberries.

THURSDAY - HS, MS, ES: General Tso chicken, broccoli & rice, NY egg roll, blueberries OR yogurt parfait OR buffalo chicken pizza OR hamburger on a bun **ES:** OR chicken nuggets **MS, HS:** OR chicken sandwich w/lettuce & tomato. **PARENT PICKUP:** Yogurt parfait, peaches.

FRIDAY - HS, MS, ES: Big daddy pizza, chef salad w/cucumber, tomato & chick peas, cinnamon applesauce OR yogurt parfait OR hamburger on a bun **ES:** OR chicken nuggets **MS, HS:** OR chicken sandwich w/lettuce & tomato. **PARENT PICKUP:** Pizza, chef salad, pears.

ASSORTED FRUIT, MILK & BREAKFAST ARE AVAILABLE DAILY
FREE BREAKFAST & LUNCH FOR ALL STUDENTS FOR THE ENTIRE
20-21 SCHOOL YEAR. MENU SUBJECT TO CHANGE

Answers to the Sudoku Challenge and the Crossword Puzzle can be found on the next page.

Sudoku

SUDOKU

FREE! Savings include an American Standard Right Height Toilet FREE! (\$500 Value)

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Fill in the blank squares in the grid, making sure that every row, column and 3-by-3 box includes all digits 1 through 9.

COATS/JACKETS

LEATHER COAT - Size 44. New. \$75. 930-8614.

NORTH FACE OSITO FLEECE JACKET - Maroon, women's medium. Excellent condition. \$35. 625-9063.

WORTHINGTON LADIES WINTER COAT - Red, XL, wool blend, knee length. Excellent condition. \$40. 791-3822.

COLLECTIBLES

TOY B12 10" X-MEN MARVEL ACTION FIGURES - Unopened display cases. 6 different. \$15 each. 912-3319.

COLLECTIBLE CEREAL BOXES - Sports, Star Trek, Batman. 45 different. \$2 each. 912-3319.

NFP FAX #: 773-7190

COLLECTIBLE (1991) ULTIMATE TERMINATOR 13" ACTION FIGURE - Unopened display case. \$30. 912-3319.

NORMAN ROCKWELL PLATES - Wales through England, Germany, Paris, Rome. Best Redford papers. \$25 for all. 731-4079.

NEW YORK STATE FAIR DINK GLASS - 1964, 1965. \$10. 479-1114, call or text.

ELECTRONICS

ATNA ELECTRIC SHREDDER - Shreds 10 sheets at a time. Almost new. \$40. 774-8010.

TRUE WIRELESS TWIN SPEAKERS - Brand new in box. \$10. 694-6520.

Selling Your Car, Truck, Van, Boat, RV, or SUV?

Call 773-7676 to place your ad

EXERCISE EQUIPMENT

HORIZON TREADMILL T101 - 10 mph incline, speakers, MP3, heart rate, everything works. \$100 firm. 775-9028.

FURNITURE

LA-Z-BOY QUEEN SLEEPER SOFA - Perfect condition. \$100. 262-4276.

UPHOLSTERED CHAIR W/ WHEELS HAS MATCHING OTTOMAN - Office, family room or any place in your home. \$45. 2 sets/exact same, \$75. 262-4276.

OVAL COFFEE TABLE & 2 ROUND END TABLES - Matching, brown & beige marble look. Very good condition. \$75 firm. 201-2962.

FILING CABINET - Get organized. Excellent shape; large (3' wide), 4 drawers, metal. Text for photo. \$99 or BO. 984-4225.

Crossword

"SUPER BOWL"

ACROSS

- *Starr of Super Bowl I and MVP
- Epsom or ...vian-les-Bains
- Mexican money
- Gulf V.I.P.
- Biblical pronoun
- Competitive musher, e.g.
- Saintly glow
- From the sky and often damaging
- Early anesthetic
- *Halftime show performer
- Photo editing option
- T. S., poet
- Chi forerunner
- *Team with most consecutive Super Bowl appearances
- Swindles
- Even, to a poet
- Slanting characters
- Cough syrup balsam
- Travels by air
- "What's up ____?", asked by Bugs Bunny
- Southeast Asia org.
- German currency
- Wb, pl.
- 9 to 5, e.g.
- Substitute, two words
- Express a thought
- Hitherto
- Winter "fever"?
- Brown on "Doctor Who"
- *He has most Super Bowl appearances as a coach
- Plural of #38 Across
- Norse deity
- Joie de vivre
- *3-time Super Bowl champ, Russ ____
- Pasturelands
- Ready for picking
- Black and white treat
- *Another form of Super Bowl entertainment
- Command, with "at"

DOWN

- Thai currency

CROSSWORD													
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- Wet nurse
- Rub the wrong way
- Gardener's little helper
- British soldier's parade hat
- *P in PAT
- *"____ Lang Syne"
- *Team with most Super Bowl appearances
- Reverberating sound
- Slowly leak
- NHL great
- Opposite of atheist
- Short version
- ____ Island off Manhattan
- Nervous twitch
- Knockout
- Below, prefix
- *Player with most Super Bowl points scored
- Warm down-slope wind
- Distress signal
- Phoenix team
- Flock members
- Port of Yemen
- Tennis shot
- *Jim Nantz's partner
- Savory jelly
- A must for a comedian
- Williams and Wright
- Natural theology
- Answer to "Where are you?", two words
- Surrendered land
- Spy's other name
- Feline vibration
- Albany-Buffalo canal
- Cowboy's necktie
- Pelvic parts
- Big letters
- Proposal joint
- "I" mania