

# HUNT officially moves into new location



The Niagara River Region Chamber of Commerce held a ribbon-cutting ceremony on Wednesday for HUNT Real Estate ERA, which moved into a new office location at 716 Center St., Lewiston.

Chamber President Jennifer Pauly emceed, with branch director and licensed real estate salesperson Richard Dentinger offering brief remarks and introducing team members. Eamon Weber, who was representing Assemblyman Angelo Morinello, presented a proclamation to Dentinger. Village of Lewiston Trustee Claudia Marasco also was in attendance.

In addition to Lewiston, HUNT has branches in Wheatfield and Lockport.

## IN THE NEWS

### Tonawanda C of C unwrapped gifts sites

The Chamber of Commerce of the Tonawandas reports that its unwrapped gifts for ages 0-16 drive continues to Thursday, Dec. 10, at select businesses in the Niagara-Erie counties area. As of Dec. 2, barrel drop-off locations in the North Tonawanda-City of Tonawanda communities include:

- The Chamber of Commerce of the Tonawandas, 254 Sweeney St.; North Tonawanda City Hall, 216 Payne Ave.; Tonawanda Bowling Center, 574 Young St.; Tonawanda City Hall, 200 Niagara St.; Tonawanda Fire Headquarters, 495 Zimmerman St.; The Wurlitzer Pizza Co., 1401 Nash Road; That 80's Toy Shop, 695 Delaware St.; The Dockside Bar & Grill, 153 Sweeney St.; Fast Teddy's Restaurant, 221 Main St.; Squire's Tap Room, 127 Niagara

St.; TC Wheeler's Bar & Pizzeria, 341 Wheeler St.; and The Royal Family Restaurant, 1320 Sheridan Drive.

For more, call the Chamber of Commerce at 692-5120.

### Women United winter drive underway

Women United of the United Way of Greater Niagara is now collecting children's gloves, scarves, mittens and hats for local agencies.

"We are reaching out to the community for donations for our children in need in our Niagara community," said Joanne Beaton, president of Women United. "People are struggling during this unsettling time, and we want to help as much as we can - especially during the winter months."

For more information, call the United Way at 731-4580.

### Mount St. Mary's golden once more

Mount St. Mary's Hospital celebrated its American Heart Association's "Get with the Guidelines-Gold Plus" Award for Stroke Care with the hospital's stroke team.

Pictured from left are Mount St. Mary's Stroke Coordinator Christina Hayek-Milicia with neurologists Dr. Baljinder Singh, Dr. Michael A. Giglio and Chief of Neurology and Stroke Director Dr. Gregory D. Sambuchi.

"Get with the Guidelines-Gold

Plus" Award is presented to hospitals that have achieved a goal of treating patients with 85% or higher compliance to core standard levels of care for two consecutive years.

### Handy Randy is back

E. Randy Cline, better known as Handy Randy, is back offering professional handyman services. He provides plumbing, electrical and assembly needs, while offering free estimates.

For more information, call or text 799-9858.

## Real Help For Your Health

Presented by  
**Dr. Glenda R. Rose**  
Chiropractor



### Stevia, A Safer Sugar Substitute

There are at least 124 ways refined sugar can ruin your health, according to Nancy Appleton, PhD, ranging from suppressing the immune system to increasing the body's fluid retention to increasing cholesterol. Those wishing to reduce their weight or eliminate sugar side effects or have a healthier holiday season might want to try Stevia.

*Stevia rebaudiana* Bertoni is a perennial shrub native to the subtropical and tropical regions of Central and South America. Its sweet leaf has been used as a sweetening ingredient in foods and drinks of the natives of these regions for centuries. Stevia has been widely and safely consumed in Japan and many other countries around the world for decades.

Stevia can be found in health food stores or the natural food section of some grocery stores. It is hundreds of times sweeter than sugar; so use very little as it can become bitter if too much is used. Although Stevia sweetening strengths vary from one brand to another, when you use a brand high in steviolosides, you can achieve a sweeter taste without bitterness. You can get a conversion chart to substitute stevia in all your recipes from the internet at [www.cookingwithstevia.com](http://www.cookingwithstevia.com), "Stevia to Sugar Conversion Chart".

You can also try Monk Fruit in your cooking or baking as another safe, natural sweetener. So have the sweet without the bad effects this holiday season.

**Rose Chiropractic, P.C.** is a natural health care practice focused on health improvement through nutrition and chiropractic, located at 435 Ridge St., Lewiston. New patients are welcome. Call 754-9039

## LEWISTON-PORTER CHURCH DIRECTORY

### Lutheran Church of the Messiah

915 Oneida Street, Lewiston  
Phone: 754-4944 Fax: 754-0903  
[www.messiahlewisston.org](http://www.messiahlewisston.org)

The Reverend Ashlin Marchese, Pastor  
The Reverend Thomas R. Mason, Pastor Emeritus

Online worship can be viewed at [MessiahLewiston.org](http://MessiahLewiston.org)  
Come worship with us Sundays at 8:00am and 9:30am

**SHARE YOUR MESSAGE CALL US AT 773-7676**

## Last Call for entries is Saturday, December 12, 2020

### Lewiston's 2020 Holiday Coloring Contest

Sponsored by



906 Center St., Lewiston  
215-1350

and



Niagara Frontier Publications  
Sentinel  
[wnypapers.com](http://wnypapers.com)



Kids 4-6 years, 7-9 years and 10-12 years may participate.  
3 winners in each group will win great prizes!