

New uses found from recycled wine bottles

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get plenty of the material coming in there."

At this point, Bella Rose is taking the lead in serving as a regional bottle drop-off site; others are also being considered, Davis said.

"I think what we talked about was to start here (at Bella Rose) and see how it goes – see if there's a demand for it – and we'll pilot for it," he said. "East of here, there's more wineries."

Myers called it a stop in the right direction.

"(Mike sent me an email) on what is going to be happening here, with the recycling program he was going to working on with Al from Modern. He had statistics (on recycling). ... I was just floored," she said. "I didn't realize that 70% of wine bottles are recyclable (yet they are not being recycled). I was shocked."

Noting the EPA figures mentioned earlier, she added, "And with Earth Day, what a great way to open this up to the public. My eyes were certainly opened up by this. I mean it's amazing. Like, we're at home drinking a glass of wine; everything goes into the recycle bin. And not knowing or realizing that 70% doesn't. So it's great that our basic garbage will be recycled with the help of Modern to use in a productive, environmentally safe way. So why not? I think it's great on Michael's and Alan's part to start this and open it up to the public."

Davis said Modern recently expanded into this area and is excited about its potential.

"We were doing it already with some of our clients who had rejected glass," he said. "It was actually a glass recycler who gets glass from places and has to reject loads. Mostly because of ceramics. And we were taking some of their products and already doing something like this. We were already ready to do it. It's something that I'm familiar with from my past. It's something we're excited about."

Schweitzer said interest on the bottle recycling is already taking hold among the Niagara Wine Trail vintners.

"I have put it out to the Niagara Wine Trail, and they're really, really excited about it," he said. "Again, it's all about sustainability. So, you don't want to spend more gas getting the bottles here than would take to get to the facility. Proximity is certainly an important part of this."

"Having it so close to Modern is a great asset, because they can use a smaller vehicle, a low-emissions vehicle to get bottles down here. Utilize the program for the wineries that are closer and, again, if it takes off, hopefully, it can spread throughout where it makes sense ... keeping it as environmentally friendly as you can."

Schweitzer said he could envision this new recycling venture expand to liquor stores, too, as there

are currently no deposits on wine bottles.

"The problem is that liquor stores don't actually go through the volume ... so you have a centralized location in the community (such as Bella Rose) that, once these spent bottles have a place they can go to, it's a lot better," he said. "That's why you have bottle and can returns at supermarkets, because they're purchased (there)."

"You only really need one or two locations in the community. So, if these (recycling drop-off sites) pop up in wineries or in other breweries, because of growlers, etc., those would be huge assets for the community and their environment down the road."

"Maybe some local bars and restaurants in the area (also); that's where their (wine bottles) are generated," Davis said.

As to including other entities, such as brewers, he said Modern was yet to arrive at that point.

"No, not yet. It's a pilot program. (We'll) see how it goes from here," Schweitzer said.

Modern CEO Michael McInerney joined with Vice President of Operations Robert Trunzo in calling the venture a win-win for all involved.

"I think it's a good thought for the environment," he said. "You have the brown and green glass; (there's not really a use for that). It's a good way to put it back into the community, for a reusable product. For us, it becomes a positive thing; a win-win."

Trunzo said, "It supports our mission – to create a more sustainable environment – paired with, as Mike brought, up our low-emission vehicles. We're the largest compressed natural gas fleet in WNY. Obviously, reducing our emissions, our carbon footprint, and that's the type of vehicles we'll use to service this. So, I'm excited about this, the future."

Schweitzer said, "The numbers really speak for themselves, for the need in the industry. Alone, my winery goes through thousands and thousands of bottles, so this makes sense. And the scale of that ... right now there's 28 of us now just on the Niagara Wine Trail. So, when you start multiplying the numbers, it's easy to see."

Myers said, "I really think it's a great, joint endeavor, with Bella Rose Winery and Modern Disposal, of initiating this 'go green' (venture). When I looked at the numbers (70%), I couldn't believe it. It's a lot of waste."

She added, "It's a win-win; a good, good, for Mike, Modern and our environment."

Now open, the new wine bottle drop-off Dumpster is found at the base of the Bella Rose driveway. Just stop by with your wine empties.

For more information on Bella Rose operations and this new project, visit www.bellarosewinery.com or call 405-7355.

D4F makes Earth Day donation to pantries

In honor of Earth Day 2021, Deposits for Food presented checks totaling \$2,000 to Niagara Falls food pantries Heart, Love & Soul and Community Missions.

The donations were the result of returnable container and scrap metal collections over the past six weeks. Angelo Sarkees, of Lewiston, founder and administrator of D4F, presented the checks on Thursday.

To date, D4F has collected 900,000 containers and 200 tons of scrap, raising a remarkable \$90,000 for four Niagara County pantries. Without this collection, a large majority of the collected items likely would have ended up in a landfill, making the Earth Day celebration all the more relevant.

Sarkees thanked his donors, including Collision Enterprises, The Brickyard/BBC, Carmelo's Coat of Arms, Di-Mino's Tops Lewiston, Guido's Upholstering, One Niagara, Supermarket Liquors, Somewhere Bar, Ontario House Youngstown (the Jug), Gather/Gallo Lewiston, Griffon Pub, and Mars Heating. He would also like to acknowledge the numerous family and friends who donate empty containers and scrap. Special kudos also go to Doug Adamson and the crew at Porter Empty Return Center in Ransomville, where the returns are processed.

Sarkees would like to encourage everyone to support the pantries and shelters in WNY, especially during these times. Finally, he offered a heartfelt thanks to the pantries/shelters and their staff, for their dedication and efforts year round.

Sarkees can be reached by email at sarkees@yahoo.com for anyone looking to contribute to his future collections.

From left: Joe Sbarbati, associate director at Community Missions; Angelo Sarkees, Deposits 4 Food founder; and Pam Dixon, assistant director, Heart, Love & Soul Food Pantry and Dining Room.



Memorial Medical Center honors staff for heroic efforts

Niagara Falls Memorial Medical Center joined together Tuesday to celebrate and recognize staff for what it called their "heroic efforts set forth throughout the pandemic, including the important role in Niagara County's mass-vaccination effort."

Tuesday's program acknowledged and awarded non-clinical team member of the quarter, Rasheed Rivers; clinical team member of the quarter, Michelle Lewis,

Pharm.D., MHA, BCACP; Educator of the Year, Dr. John Blundell; Care Team of the Year, Memorial's hospitalists; and Doctor of the Year, to Chief of Infectious Disease Dr. Rajinder Bajwa.

Memorial's hospitalists, who were awarded Care Team of the Year, include Dr. Zubair Shaikh; Alicia Scott, D.N.P.; Dr. John Blundell; Dr. Milind Chaudhari; Dr. Niels Gothgen; Dr. Ryan Mikac; Melissa Owens, FNP; and

Erin DeMarco, FNP.

NFMMC said, "These individuals were selected by their peers for their continued passion and excellence in serving our community. Memorial Medical Center will proudly display this year's recipients on Memorial's wall of excellence located in the medical center's main lobby."



Recipients of employee recognition event, from left: Dr. Rajinder Bajwa, Dr. Milind Chaudhari, Dr. Zubair Shaikh, Rasheed Rivers, Michelle Lewis and Alicia Scott. Those not pictured include Dr. John Blundell, Dr. Niels Gothgen, Dr. Ryan Mikac, Melissa Owens and Erin DeMarco.

TOWN OF LEWISTON TOWN WIDE LEAF PICKUP

The Town of Lewiston Leaf pick-up will end the week of **May 14, 2021. Please have all leaves out before that date.**

Please do not put leaves in the street or in the ditch. It is dangerous for our residents and our employees.

As a reminder, we do not pick up rocks, stumps, twigs, lawn sweepings, vines, building materials, rubbish, etc.

You can, at any time, bag your grass clippings, leaves and any other small vegetation and Modern Disposal will take them with your weekly trash pick-up.

We will continue to pick up brush until October 15, 2021.

We do not go onto private property. Please do not request us to do so.

No need to call, we will be in your neighborhood on a regular rotation.

Thank you,

Town of Lewiston Highway Department



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People who "crack" themselves do not realize that the noise produced is not the same thing as a spinal adjustment. Vertebrae (spinal bones) that are highly movable (hypermobile) and make a lot of noise when you twist your neck, back or hips are usually the ones not needing an adjustment. When your spine makes these noises, it's a sign that certain vertebrae are jammed and not moving (hypomobile) and while others are compensating for the jammed ones (that move very little) by moving too much.

Manipulating vertebrae that are already too movable doesn't do a thing for nerve pressure, and in fact, may do damage to the joints and the spinal curves. However, fixated or jammed (hypomobile) aren't affected by the "self-adjustment" and unfortunately, these are the ones that are in need of the adjustment. **In order to be effective, the chiropractic adjustments usually require a specific force introduced at a specific angle,** after which the fixated vertebrae begin to move properly in relation to the rest of the spine and the overly noisy vertebrae start to "quiet down".

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