

NIAGARA COUNTY TRIBUNE/SENTINEL CLASSIFIEDS

Niagara County Tribune/Sentinel • Grand Island PennySaver • Grand Island Dispatch



NIAGARA FRONTIER PUBLICATIONS
 1859 Whitehaven Rd., Grand Island, NY 14072
 Phone: (716) 773-7676
 Office Hours: Monday - Thursday 9 am - 5 pm
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Pets for sale, lost & found pets, pet supplies, pet services, local pet or animal news, and more...NFP Pet Place is the "place" to find all things "pets."
716-773-7676

PET ITEMS UNDER \$100

KONG DOG TOYS - Treats/peanut butter inside. Freeze. \$7 or 2/\$10. 716-465-3654.

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CAT NIP PILLOWS - @\$7 or 3/\$20. 716-465-3654.

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PET STEPS - \$20. 716-692-1955.

DOG CRATE - 48x24. \$40. call 716-531-1975.

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GRAVEL FOR AQUARIUM - Lot/\$20. 716-940-2469.

Found a cat or dog?

Place a free "found pet" ad.

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How to get house cats some exercise

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Cats make beloved pets for any number of reasons. Many pet owners love their cats for their quirky personalities, while others like the companionship of an animal that does not require the same level of hands-on attention as a dog.

In a testament to the love pet owners have for their cats, many would do anything to keep them safe, happy and healthy. Cat health can be easy to take for granted, as felines are generally quiet and many prefer to spend ample time alone. However, pet owners must take an active role in the health of their cats, and that includes ensuring the felines get enough exercise. The United Kingdom-based People's Dispensary for Sick Animals notes that cats that stay fit and remain active are less likely to become obese and develop diabetes and arthritis.

Cat owners know that the very quirks that make cats such lovable pets also can make it hard to get them to do things they won't necessarily want to do. But the following are some ways to ensure cats get enough exercise to stay fit and healthy.

- **Determine which toys cats like best.** Some pre-exercise observation can help lay a strong foundation for feline fitness sessions. The PDSA advises cat owners to identify which toys cats seem to like best and then use those toys during exercise sessions to entice participation. Use one or two toys each session and swap them every few days so cats do not grow bored with their fitness routines.

- **Incentivize physical activity.** Much like dogs respond to treats during behavior training, cats are more likely to engage in exercise when sessions end with a reward. PetMD notes some post-exercise praise and a few healthy treats can encourage cats to participate willingly in exercise sessions.

- **Don't overdo it.** Cats are not humans, so felines' fitness sessions don't need to mirror their owners' lengthy workouts. Play sessions intended to get cats to exercise can last between 10 and 15 minutes each. PetMD recommends limiting sessions to two or three per day for older cats, while as many as 10 sessions per day can be effective for younger cats.

- **Let cats sink their teeth and claws into a workout.** WebMD recommends letting cats sink their teeth and claws into toys during a workout. This type of engagement satisfies cats and will encourage them to embrace exercise sessions. Keep some replacements at the ready in case cats are especially enthusiastic.

- **Employ a laser pointer.** Cat owners are undoubtedly aware and likely amused by how much cats are drawn to laser pointers. Make the most of that inability to resist laser light by using a laser pointer during a cat's workout routine. Cats will chase the pointer all over the room, all the while getting some beneficial exercise.

Cats can benefit from routine exercise just as much as their owners, and there are several fun and even some amusing ways to encourage felines to enthusiastically engage in physical activity.

MARIO'S EMERGENCY PET FOOD - Kibble offered to those struggling. Mario's accepts open, closed pet food. 716-465-3654. mariospetfood@roadrunner.com

Brought to you by: Niagara Frontier Publications

SPCA PET OF THE WEEK



Meet Lola!

Lola is a 5-year-old Pitbull Terrier mix! She is very sweet and loves to play, but she is a little bit nervous and fearful, so her new family would just need to go slow with her! Since she can be a little nervous, she would do best in a home with children ages 16 and up. Lola would just need to meet any potential doggy friends she would be living with to make sure they are a good fit and would need to be tested with cats before going to a home with cats!

2100 LOCKPORT RD. NIAGARA FALLS 716-731-4368

EMPLOYMENT

ADVERTISING NOTICE

All employment advertising in this newspaper is subject to section 296 of the human rights law which makes it illegal to advertise any preference, limitation, or discrimination based on race, color, creed, national origin, disability, marital status, sex, age, or arrest conviction record, or an intention to make any such preference, limitation or discrimination. Title 20, U.S. Code, Chapter 630, excludes the Federal Gov't. -g4 the age discrimination provisions. This newspaper will not knowingly accept any advertising for employment which is in violation of the law. Our readers are informed that employment offering advertised in this newspaper are available on an equal opportunity basis. NIAGARA FRONTIER PUBLICATIONS

ASSISTANT

ASSISTANT TO UNIVERSITY PRESS EDITOR - Mornings, 12-20 hours each week. Requires a master's degree, social, and computer skills. Very interesting work. \$16 a hour. Telephone Prof. Richardson, 716-327-3874.

PART-TIME ASSISTANT TEACHER

NOW HIRING: Grand Island Cooperative Nursery School is looking to hire a part-time assistant teacher for the 2023/2024 school year. Please email your resume, or any questions to gicnsvp@gmail.com.

FINDS OVER \$100

APPLIANCES

MAYTAG WASHER AND DRYER - 1 month old. Paid \$1400, \$900/B.O. for set. G.I. 716-774-8082.

FURNITURE

1950-60s LIVING ROOM (7piece) - French Provincial. Hand carved. Milan, Italy. Pick-up, cash. \$2,500/B.O. Lewiston. 716-628-5326.

FINDS UNDER \$100

FREE - \$100 or under - Price must be included in listing. One price per item per ad, one item, or similar items sold as one lot, or a quantity of similar items multiplied by the asking price for each must total \$100 or less, per ad. Submit up to 5 ads to run for 2 weeks. Mail, email, or drop off, include name & phone number. 15 words or less (no phone calls) No cancellations - Non-commercial/private parties only - NFP reserves the right to edit all submissions.

ANTIQUES

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Electric. Fully works. \$25. 716-983-8431.

VINTAGE CAST IRON SHOE COBBLER STAND - 14" tall with 9-1/2" shoe mold. \$15. 716-983-8431.

ANTIQUE ASSORTED BOTTLES - \$20/box. 716-773-2068.

VINTAGE LAMPS - From 1950's. \$50 each. for pics, 716-531-1975.

VINTAGE DESK - Opens and pulls out for writing & storage. \$50. 716-531-1975.

APPLIANCES

FREEZER - Apartment size. 33" tall. EC. \$50. 716-421-8035.

TOP FREEZER/REFRIGERATOR - Excellent condition. \$99 or best offer. 716-773-9781.

AUTOMOTIVE

SET OF 4 TIRES - 225/65R17 Firestone. Good condition. \$100. 716-434-5825.

AMBER REVOLVING LIGHT - Magnetic base. Brand new \$20. 716-434-5825.

JLAUDIO CAR AMPLIFIER - TMA T500.1 Class-D Amplifier Monoblock 500W Amp Size 11.6"x9.7"x1.9". Good. \$20/BO. 716-628-0774.

COLEMAN DELUXE AIR COMPRESSOR - Plugs into 12v cigarette lighter. \$10. 716-693-1545.

AUTO SERVICE METTER - RPM, dwell, volts, etc. Portable on stand. \$50. 716-778-5326.

WHEEL COVERS - 2-57 Plymouth. 2-59 Plymouth. \$10 each. 716-778-5326.

BABY/TODDLER ITEMS

BABY GATE - BY REGALO - Model 1165w. Fits 29"-41" openings. Never used, excellent. \$20/BO. 716-628-0774.

BABY GATE - BY LITTLE JOURNEY - Product #55827. Fits 29.75"-38" openings. New in box. \$20/BO. 716-628-0774.

PAW PATROL SIT & PUSH TRUCK - 1-3 years. Sound & storage. \$5. Picture via text, 716-949-0331.

BUZZ LIGHTYEAR BIG WHEEL SIT & PEDDLE - Toddler, 2-3 years. \$5. Picture via text, 716-949-0331.

NFP CLASSIFIED RATES

Items <\$100: FREE! (Must be 15 words or less; limit of 5 items per a 2 week period)

NO PHONE CALLS ACCEPTED FOR FREE ADS

Non-Commercial: \$13.50/week for 15 words, 50¢ for each additional word

Commercial: \$33.00/week for 15 words, \$1.00 for each additional word

PUBLICATION DEADLINES

- G.I. PennySaver: Mon., 12 p.m.

- Niagara County Tribune/Sentinel: Tues., 5 p.m.

- G.I. Dispatch: Tues., 5 p.m.

All classified ads print in all NFP weekly papers

(Wednesday's Grand Island Pennysaver, Friday's Niagara County Tribune/Sentinel, Friday's Grand Island Dispatch plus online on the NFP website, wnypapers.com)

MAKE YOUR AD STAND OUT

FOR JUST \$5.00 MORE/WEEK!

+ **BORDER**

YOUR ITEM - description goes here. \$99. 555-555-5555.

+ **GRAPHIC/LOGO**

YOUR BUSINESS - and its description. 555-555-5555.

CARSEAT TRAVEL BAGS (PAIR) - Smoke/pet free home. \$5. 716-998-5452.

BABY TREND JOGGER-SINGLE - Smoke/pet free home. \$30. 716-998-5452.

CHICCO NEXTFIT ZIP CONVERTIBLE CAR SEAT - Rear & front facing. 5-65lbs. \$99. 716-870-4201.

GRACO BABY CRIB - with toddler bed. \$80. 716-531-1975.

GRACO BABY CRIB - with changing table. \$100. 716-531-1975.

BICYCLES/EQUIPMENT

SCHWINN 10-SPEED VOLKSCYCLE - Good Condition. Needs tires. \$90 or BO. 716-201-2715.

GIRL'S 20" BIKE - Good shape. \$20. 716-297-3695.

GIRLS SUPERIOR HUFFY BIKE - 24". \$35. Picture available via text. 716-949-0331.

BOOKS/MAGAZINES

LESSONS IN CHEMISTRY - by Bonnie Garmus, 2022. \$8. 716-534-5579.

Publication Deadlines: Grand Island PennySaver: Monday - 12pm • Niagara County Tribune/Sentinel: Tuesday - 5pm • Island Dispatch: Tuesday - 5pm

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