

Can a flu shot protect your brain from dementia?

Guest Editorial by the Alzheimer's Association, WNY Chapter

With flu season officially underway, many people are considering getting a flu shot. Recent research suggests that, in addition to protecting you from the flu, the shot may also help protect your brain.

A study released this summer found that getting an annual flu vaccination was associated with a 40% decrease in the risk of developing Alzheimer's disease over the next four years. The same researchers, who are from The University of Texas' McGovern Medical School, conducted an earlier study presented at the Alzheimer's Association Interna-

tional Conference that found that a single flu vaccination could reduce the risk of Alzheimer's by 17%, and additional vaccinations in a lifetime reduced it even more.

"Our study suggests that regular use of a very accessible and relatively cheap intervention – the flu shot – may significantly reduce risk of Alzheimer's dementia," said Dr. Albert Amran, who was involved in the research at The University of Texas.

The newer study included more than 2 million people over age 65. Previous studies were smaller and often focused on people with chronic health conditions. By including a more general group of older adults, the new study's results add weight

to the idea that a flu shot could reduce Alzheimer's risk.

Your Memory & Infections: Know Your Risk

Prior studies have found that infections – including the flu, pneumonia, urinary tract infections, gum disease, and COVID-19 – are associated with the onset and worsening of memory and thinking problems.

It's not surprising then that researchers have also found an association between vaccinations and a decreased risk of dementia. A study at Duke University's Social Science Research Institute found that getting a vaccination against pneumonia between the ages of 65 and 75 reduced Alzheimer's

risk by up to 40%. Similar results have been found in recent studies of people who received tetanus, diphtheria, pertussis (Tdap); hepatitis; or shingles vaccinations.

Doris Saintil Phildor, M.P.H., the New York health systems director at the Alzheimer's Association, said, "These findings are important because anything we can do to decrease the number of people with Alzheimer's has vast benefits. Preventing or delaying the progression of Alzheimer's lowers the burden on family caregivers, and on our state's health systems."

To learn more about risk factors for Alzheimer's and ways to reduce your risk, visit the Al-

zheimer's Association website.

Anyone seeking help as a caregiver or a person living with Alzheimer's disease or other dementia is encouraged to call the Alzheimer's Association 24/7 helpline at 800-272-3900.

The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Our mission is to lead the way to end Alzheimer's and all other dementia – by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support. "Our vision is a world without Alzheimer's and all other dementia." Visit alz.org or call 800-272-3900.

PUBLIC NOTICE

Send notices to legalnotice@wnypapers.com

LEGAL NOTICE

Notice of Formation of A.Mark Travel, LLC. Articles of Organization filed with the Secretary of State of New York on 9/6/22. Office Location: Niagara County. WNY Accounting & Tax is designated as agent of LLC upon whom process may be served. Mail process to: PO Box 367, Hamburg, NY 14075. Purpose: any lawful activity. Tribune/Sentinel November 11, 18 and 25 and December 2, 9 and 16, 2022

LEGAL NOTICE

LIMITED LIABILITY COMPANY Notice of Formation of Limited Liability Company (LLC) Name: BRC Services LLC Articles of Organization filed by the Department of State of New York on: 07/26/2022 Office location: County of Niagara Purpose: Any and all lawful activities Secretary of State of New York (SSNY) designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: The LLC 6662 Shectram Rd. Lockport, NY 14094 Tribune/Sentinel November 11, 18 and 25 and December 2, 9 and 16, 2022

LEGAL NOTICE

PUBLIC NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY The name of the Limited Liability Company is G & S CONCRETE LLC; its Articles of Organization were filed with the Secretary of State on October 25, 2022; the county within New York in which its office is to be located is Niagara; the Secretary of State has been designated as agent upon whom process may be served; the post office address to which the Secretary of State shall mail process is 6163 N. Whitham Drive, Niagara Falls, New York 14304; the purpose of the limited liability company is to carry on any lawful act or activity for which limited liability companies may be organized pursuant to the New York Limited Liability Company Law. Tribune/Sentinel November 11, 18 and 25 and December 2, 9 and 16, 2022

LEGAL NOTICE

Notice of formation of Niagara Pole Barns LLC. Arts. Of Org. filed with Secretary of State of New York (SSNY) on 02/25/2022. Office Location: Niagara County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: 3470 North Road, Newfane, New York 14108. Purpose: any lawful activity. Tribune/Sentinel November 11, 18 and 25 and December 2, 9 and 16, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY Name of LLC: Pawz & Clawz, LLC. Date of filing of Articles of Organization with the NY Dept. of State: 07/26/2022. Office of the LLC: 235 Young St, Wilson, Niagara County. The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of process to the LLC at PO Box 618 Wilson, NY 14172. Purpose of LLC: Provide pet services. No specific duration attached to LLC. Tribune/Sentinel

November 11, 18 and 25 and December 2, 9 and 16, 2022

LEGAL NOTICE

Notice of Formation of Affordable Graphics & Signs LLC a domestic Limited Liability Company (LLC). Art. of Org. filed with the SSNY October 18, 2022. Office location: 3851 Bates Rd., Medina, NY 14103. SSNY is designated agent upon whom process against the LLC may be served. The SSNY shall mail a copy of any process to Scott Seely, 3851 Bates Rd., Medina, NY 14103 COUNTY OF FORMATION: Orleans PURPOSE: To engage in any lawful act or activity. Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

Andrews Acres, LLC. Filed 3/1/22. Office: Niagara Co. SSNY desig. as agent for process & shall mail to: Lori Skinner, 5309 Shawnee Rd, Sanborn, NY 14132. Purpose: General. Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

NOTICE OF FORMATION: of a Domestic Limited Liability Company NAME AND FILING DATE: Bucks Pizza of Niagara LLC, 10/21/22 OFFICE ADDRESS: 1890 Pierce Avenue, Niagara Falls New York 14301 ADDRESS FOR SERVICE OF PROCESS: The New York Secretary of State with a copy to 1890 Pierce Avenue, Niagara Falls, New York 14301 PURPOSE: General Purpose Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

CL & SH Home LLC. Filed 10/7/22. Office: Niagara Co. SSNY desig. as agent for process & shall mail to: 1709 Willow Ave, Niagara Falls, NY 14305. Purpose: General. Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

Fly Hummingbird LLC. Filed: 9/20/22. Office: Niagara Co. Org. in DELAWARE: 09/16/2022. SSNY desig. as agent for process & shall mail to: c/o Calcagni & Kanefsky Llp, One Newark Center, 1085 Raymond Blvd, 14th Fl, Newark, NJ 07102. Foreign add: c/o Corporation Service Company, 251 Little Falls Dr, Wilmington, DE 19808. Arts. of Org. filed with Jeffrey W. Bullock, Secy Of State Of De Secy Of State's Office - Wilmington, 820 N. French St 4th Fl, Wilmington, DE 19801. Purpose: General. Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

LUMBER CITY CANDLES LLC. Filed 9/25/22. Office: Niagara Co. SSNY desig. as agent for process & shall mail to: 1328 Harvard Ave, North Tonawanda, NY 14120. Registered Agent: United States Corporation Agents, Inc., 7014 13th Ave, Ste 202, Bklyn, NY 11228. Purpose: General. Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

SEXCNES SELL BY VERTRELL LLC. Filed 6/21/22. Office: Niagara Co. SSNY desig. as agent for process & shall mail to: c/o Vertrell Coleman, 2909 21st St, Niagara Falls, NY 14305. Purpose: General. Tribune/Sentinel November 4, 11, 18 and 25 and December 2 and 9, 2022

LEGAL NOTICE

Alto's Home Improvement Services LLC, Arts. Of Org. filed with the SSNY on 10/18/2022. Office loc: Niagara County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: The LLC, 340 Continental Dr., Lockport, NY 14094. Purpose: Any Lawful Purpose. Tribune/Sentinel October 28 and November 4, 11, 18 and 25 and December 2, 2022

LEGAL NOTICE

GREASE GUYS, LLC has been formed as a limited liability company (LLC) by filing a certificate with the NY Secretary of State (NYSS) on 8/5/22. Office located in Niagara County. NYSS designated as agent upon whom process against LLC may be served. NYSS shall mail process c/o the Company, 4219 McKoon Avenue, Niagara Falls, NY 14305. Purpose of LLC is to engage in any lawful purpose. Tribune/Sentinel October 28 and November 4, 11, 18 and 25 and December 2, 2022

LEGAL NOTICE

Notice of formation of Lucent Souls LLC. of Org. filed with Secy. Of State of NY (SSNY) on 10/10/2022. Office location: Niagara County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: c/o The LLC, 570 Woodward Ave. North Tonawanda, NY 14120 Purpose: Spiritual Life Coaching Tribune/Sentinel October 28 and November 4, 11, 18 and 25 and December 2, 2022

LEGAL NOTICE

Notice of formation of Ninja Stylez Barbershop LLC. Arts. Of Org. filed with Secretary of State of New York (SSNY) on 01/17/2022. Office Location: Niagara County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to principal business location: Legaline Corporate Services Inc.; 1967 Wehrle Drive, Suite 1 #086, Buffalo, NY 14221. Purpose: any lawful activity. Tribune/Sentinel October 28 and November 4, 11, 18 and 25 and December 2, 2022

LEGAL NOTICE

Adore Your Core Physical Therapy, PLLC Arts of Org were filed by the NY Dep't of State on 10/3/2022. Its office location is Niagara County. Its purpose is any lawful purpose. NY's Sec'y of State is designated as agent upon whom process may be served. The Sec'y shall mail a copy of any process to the PLLC at 2728 Niagara Falls Blvd, Wheatfield NY 14304. Tribune/Sentinel October 21 and 28 and November 4, 11, 18 and 25, 2022

LEGAL NOTICE

Notice of Formation of Hewitt-Smith Holdings, LLC. Articles of Org. filed with NY Secretary of State ("NYSS") on October 14, 2022. Office location: Niagara County. NYSS designated as agent of LLC upon whom process may be served. NYSS shall mail copy of process to 6125 Lendell Drive, Sanborn,

New York 14132. Purpose: any lawful purpose. Tribune/Sentinel October 21 and 28 and November 4, 11, 18 and 25, 2022

LEGAL NOTICE

Notice of formation of Perfect Pitch Gutters L.L.C. Arts. of Org. Filed with the SSNY on 06/16/2022. Office: Niagara County. Selena Perri is designated as agent of the LLC upon whom process against it may be served. SSNY shall mail copy of process to Selena Perri, 4509 Porter Center Road, Lewiston, NY 14092. Purpose: Any lawful purpose. Tribune/Sentinel October 21 and 28 and November 4, 11, 18 and 25, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY Name of LLC: Bloom and Son Construction LLC. Date of filing of Articles of Organization with the NY Dept. of State: 10/05/2022. 1803 Niagara Ave, Niagara Falls, NY, 14305. Office of the LLC: 1803 Niagara Ave, Niagara Falls, NY, 14305, Niagara County. The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of process to the LLC at 1803 Niagara Ave, Niagara Falls, NY, 14305. Purpose of LLC: Construction. No specific duration attached to LLC. Tribune/Sentinel October 14, 21 and 28 and November 4, 11 and 18, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY CLEAN EFFECTS LLC Date of filing of Articles of Organization with the NY Dept. of State: 09/22/2022 Office of the LLC: 1287 Tanglewood Drive, North Tonawanda, NY 14120 Niagara County The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of process to the LLC at 1287 Tanglewood Drive, North Tonawanda, NY 14120 Purpose of LLC: to secure cleaning services opportunities No specific duration attached to LLC. Tribune/Sentinel October 14, 21 and 28 and November 4, 11 and 18, 2022

LEGAL NOTICE

KEITH PRINTUP CONSTRUCTION LLC Articles of Organization filed 08/02/22; Niagara County, SSNY designated as agent for service of process & shall mail to 2199 UPPER MT. RD. SANBORN, NY 14132 Purpose: Any Lawful Tribune/Sentinel October 14, 21 and 28 and November 4, 11 and 18, 2022

LEGAL NOTICE

Pascucci Realty LLC was formed in Niagara County on October 6, 2022 by filing its Articles of Organization with the New York Secretary of State (NYSS). The principal office is at 3562 Porter Center Rd., Ransomville, NY 14131. The NYSS is designated agent upon whom process may be served or on its registered agent at the principal office. NYSS may mail a copy of any process to the principal office. The LLC was formed to conduct any lawful business under law. Tribune/Sentinel October 14, 21 and 28 and November 4, 11 and 18, 2022

LEGAL NOTICE

PUBLICATION NOTICE OF ORGANIZATION OF LIMITED LIABILITY COMPANY The name of the Limited Liability Company is SERP CONNECT LLC; its Articles of Organization were filed with the Secretary of State on 10/05/2022; the County within New York in which its office is to be located is Niagara; the Secretary of State has been designated as agent upon whom process may be served; the post office address to which the Secretary of State shall mail the process is 19 Pine Woods Drive, North Tonawanda, New York 14120; the purpose of its business is to conduct any lawful business under law. Tribune/Sentinel October 14, 21 and 28 and November 4, 11 and 18, 2022

LEGAL NOTICE

TUSCARORA FAIRGROUNDS LLC Articles of Organization filed 07/06/22; Niagara County, SSNY designated as agent for service of process & shall mail to 5607 GARLOW RD, APT. 2 LEWISTON, NY 14092 Purpose: Any Lawful Tribune/Sentinel October 14, 21 and 28 and November 4, 11 and 18, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF 829 SHERIDAN DRIVE LLC filed Articles of Organization with NYS on September 30, 2022. (1) Its principal office is in Niagara County, New York. (2) The Secretary of State has been designated as its agent and the post office address to which the Secretary of State shall mail a copy of any process against it is: the LLC, 669 Sarah Court, Lewiston, New York 14092. (3) Purpose: Any lawful purpose. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

Notice of Formation of 6415 Niagara Falls Blvd, LLC Art. Of Org. filed Secretary of State NY (SSNY) 9/30/2022 Office Location: Niagara County. Street Address of principal business location: c/o The Limited Liability Company, 501 John James Audubon Parkway, Suite 301, Amherst, NY 14228. SSNY shall mail copy of process: c/o The Limited Liability Company, 501 John James Audubon Parkway, Suite 301, Amherst, NY 14228. Purpose: any lawful purpose. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY Name of LLC: Bushido Rising LLC Date of filing of Articles of Organization with the NY Dept. of State: 09/26/2022. Office of the LLC: 5200 Grauer Rd. Niagara Falls, NY 14305 Niagara County. The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of process to the LLC at 5200 Grauer Rd. Niagara Falls, NY 14305. Purpose of LLC: Community Outreach and Sports equipment sales and service. No specific duration attached to LLC. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

STRONG CERTIFIED REGISTERED NURSE ANESTHETIST, PLLC filed Articles of Organization with the New York Secretary of State on September 12, 2022. The office of the limited liabil-

ity company shall be located in Niagara County. The Secretary of State has been designated as agent of the limited liability company upon whom process against it may be served and the Secretary of State shall mail a copy of any process served upon him or her to 8406 Slayton Settlement Road, Gasport, New York. The purpose of the limited liability company is to engage in any lawful act or activity for which limited liability companies may be organized under the New York Limited Liability Company Law. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

WNY Rental Trailers LLC. Filed 8/24/22. Office: Niagara Co. SSNY desig. as agent for process & shall mail to: Jonathan Spence, 185 Walter Dr, North Tonawanda, NY 14120. Purpose: General. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF A DOMESTIC LIMITED LIABILITY COMPANY Name of LLC: THEHOMETEAM716 LLC. Date of filing of Articles of Organization with the NY Dept. of State: 9/8/22. Office of the LLC: 230 N. 9th St Lewiston, NY 14092. Niagara County. The NY Secretary of State has been designated as the agent upon whom process may be served. NYSS may mail a copy of process to the LLC at 230 N. 9th St Lewiston, NY 14092. Purpose of LLC: Any lawful activity. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

NOTICE OF FORMATION OF LIMITED LIABILITY COMPANY Tracy Murphy Vegan Enterprises LLC filed Articles of Organization with the NY Department of State on September 30, 2022. Its office is located in Niagara County. The Secretary of State has been designated as agent of the Company upon whom process against it may be served, and a copy of any process shall be mailed to PO Box 156, Newfane, NY 14108. Its purpose is any lawful business. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

WNY Rental Trailers LLC. Filed 8/24/22. Office: Niagara Co. SSNY desig. as agent for process & shall mail to: Jonathan Spence, 185 Walter Dr, North Tonawanda, NY 14120. Purpose: General. Tribune/Sentinel October 7, 14, 21 and 28 and November 4 and 11, 2022

LEGAL NOTICE

PLEASE TAKE NOTICE that a public hearing will be held before the Village Board of Trustees on Monday, November 21, 2022 at 6:00pm, on the proposed 8-cent water rate increase from \$3.95 to \$4.03 per 100 cubic feet of water consumed, effective January 1, 2023. This rate will amend Village Local Law Section 20-194. This increase is due to a rate increase from the Niagara County Water District.

The meeting will take place in the Village Hall, located at 145 N. 4th Street, Lewiston, NY 14092.

All persons interested in this matter may attend the meeting and be heard.

Tribune/Sentinel November 11, 2022

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