

Niagara County Office for the Aging to host Medicare community meetings

Niagara County will host a series of community meetings regarding Medicare choices for seniors in 2023, as well as other health care program options, according to Darlene DiCarlo, director of the Niagara County Office for the Aging. The annual Medicare enrollment period runs from Oct. 15 through Dec. 7.

“There are many choices for seniors, there can be program changes from year to year, and, quite frankly, it can get overwhelmingly very quickly; so we host these meetings to provide the latest information and really spend a lot of time answering people’s questions,” DiCarlo said. She noted the meetings will include dis-

cussions on Medicare Part D, NYS EPIC and the “Extra Help” Low Income Subsidy Program.

The scheduled events are:
√ Oct. 20, Town of Lockport Town Hall, 6560 Dysinger Road, 5:30-7:30 p.m.
√ Oct. 25, Lewiston Senior Center, 4361 Lower River Road, 10 a.m. to noon

√ Nov. 2, John Duke Senior Center, 1201 Hyde Park Blvd., Niagara Falls, 9:30-11:30 a.m.
√ Nov. 10, Lockport Senior Center, 33 Ontario St., 9:30-11:30 a.m.
√ Nov. 18, North Tonawanda Senior Center, 110 Goundry St., 9:30-11:30 a.m.
For more information, contact NY Connects at 716-438-3030.

NCDOH free diabetes self-management workshop series

The Niagara County Department of Health nursing division, in partnership with the Niagara County Office for the Aging, is offering a free, six-week diabetes self-management workshop from 9-11:30 a.m. Mondays, Oct. 17, through Nov. 21, at the North Tonawanda Public Library.

NCDOH stated, “This program covers both the physical aspect of managing diabetes, as well as the emotional aspect, and is designed to improve an individual’s A1C’s and reduce complications associated with diabetes. The program has demonstrated proven health benefits, and complements the di-

abetic medical management services people receive from their providers.

“Participants will enhance their ability to maintain active and fulfilling lifestyles, improve problem-solving and decision-making skills, as well as address the challenges of living with diabetes.

Workshop topics also include improving food choices, increasing physical activity, and practicing coping skills to maintain nutrition and a healthy weight. Attendance at all sessions is recommended for optimal outcomes.”

Individuals with diabetes or caregivers of persons with diabe-

tes can register for the program by calling Nursing Operations Manager Stacy Knott, MEd, at 716-278-1900. Organizations and groups can contact the nursing division to schedule a free diabetes and/or chronic disease self-management workshop for their staff/clients.

Niagara County Family Violence Intervention Project: ‘Safe at Home’ conference to be held in person

The Child Advocacy Center of Niagara, a service of Niagara Falls Memorial Medical Center, and the Niagara County Family Violence Intervention Project, will host the 22nd annual “Safe at Home” conference for the first time since 2019.

Scheduled for Thursday, Oct. 20, at the Niagara Riverside Resort (7001 Buffalo Ave., Niagara Falls), the conference is intended for professionals in the fields of child welfare, victim advocacy, criminal

justice, mental health and education. It will feature national and local experts on the topics of family violence, abuse and trauma.

“October is Domestic Violence Awareness month, and we are pleased to provide this opportunity for professionals from across WNY to come together to expand their knowledge related to interpersonal violence and trauma, as well as gain practical skills to assist those impacted by abuse across the lifespan,” said Shelley

Hitzel, executive director of The Child Advocacy Center of Niagara.

This year’s keynote speaker is Danielle Slakoff, Ph.D., an assistant professor of criminal justice at California State University, and a national expert on violence against women. Slakoff will discuss media representations of women and girl victims across race, and how these portrayals impact the general public as well as the criminal justice system.

Plenary speaker ArDenay Gar-

ner, LMSW, CPC, is a survivor, bestselling author, and personal development coach committed to promoting compassion and world healing through storytelling and healing conversations. Garner will share her story and insights on supporting victims of intimate partner violence.

“Safe at Home: Seeking Solutions for Adults and Children Experiencing Family Violence” is sponsored by the Niagara County Family Violence Project, the Child

Advocacy Center of Niagara, Niagara County Department of Social Services and New York State Office of Child and Family Services. Cost to attend is \$30 per person. Scholarship opportunities are available to local college students and interns.

For more information on speaker topics or registration, visit <http://cacofniagara.org/services/family-violence-intervention-project/> Preregistration is required.

IN THE NEWS

Moore named manager of PR & community affairs at

Mt. St. Mary’s Hospital

Carolyn Moore was named manager of public relations and community affairs at Mount St.

Mary’s Hospital in Lewiston.

She has more than two decades of experience in health care public relations, program development, media relations, marketing, grant writing, fundraising and community engagement. Most recently, she served as director of community relations and development for Eastern Niagara Hospital. Prior to that, Moore was director of public relations at DeGraff Memorial Hospital. She also serves as a member of the adjunct faculty of Bryant & Stratton College in Buffalo.

“We are pleased to welcome Carolyn to our Mount St. Mary’s and Catholic Health family,” hospital President C.J. Urlaub said. “She has built a career giving back to the Niagara County community, and we are fortunate she will continue her work in support of Mount St. Mary’s Hospital – as

well as our new Lockport Memorial Hospital, which will be opening next summer.”

Moore is active in various community organizations, including Lockport Zonta, the Raymond Community Church worship team, and the Lockport Ice Arena and Sport Center. She currently serves on the executive board for Cornerstone Arena. Moore received her bachelor’s degree in communications from Houghton University, and a master’s degree in education from D’Youville College.

NFMMC to host ‘on-the-spot’ hiring event

Niagara Falls Memorial Medical Center will host an on-the-spot hiring event for registered nurses from 2-8 p.m. Tuesday, Oct. 25, at Antonio’s Banquet &

Conference Center, 7708 Niagara Falls Blvd. Representatives from various departments of the medical center, including intensive care, behavioral health, emergency services, surgery and cardiology, will be on hand to provide information, accept applications, and conduct open interviews.

A press release noted, “The event comes after Memorial and 1199SEIU Healthcare Workers approved a new, three-year agreement that includes up to \$25,000 in sign-on bonuses, new competitive wages, and longevity bonuses for contract covered employees with 20 plus years of service.”

For more information, call 716-343-3433 or visit careers.nfmmc.org.

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