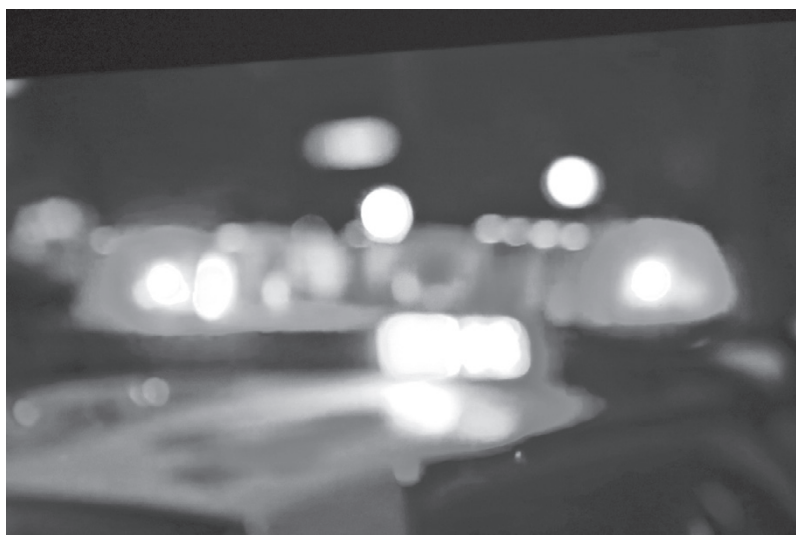


Niagara County to participate in statewide July 4 weekend high-visibility engagement campaign



Submitted by the Niagara County Sheriff's Office

Sheriff Michael J. Filicetti announced Niagara County law enforcement agencies will participate in a special effort to bring awareness to the dangers of impaired driving.

In a combined effort to stop impaired driving, prevent injuries and save lives, law enforcement officers across New York state will take to the roads. The statewide STOP-DWI high-visibility engagement campaign efforts start Wednesday, July 3, and will end Sunday, July 7. The Niagara County Sheriff's Office, as well as law enforcement agencies across

Niagara County, will be out in force in this coordinated effort to reduce the number of drug-impaired, driving-related injuries and death.

The July 4 high-visibility engagement campaign is one of many statewide enforcement initiatives promoted by STOP-DWI New York and the Governor's Traffic Safety Committee. The statewide STOP-DWI high-visibility engagement campaign also targets Halloween, Thanksgiving, the holiday season, the Super Bowl, St. Patrick's Day, Memorial Day weekend, and Labor Day. Additionally, there will concentrated

efforts on April 20. During that time, the focus of our community engagement will be drug-impaired driving.

While STOP-DWI efforts across New York have led to significant reductions in the numbers of alcohol- and drug-related fatalities, still too many lives are being lost because of crashes caused by drunk or impaired drivers.

Highly visible, highly publicized efforts like the STOP-DWI high-visibility engagement campaign aim to further reduce the incidence of drunk and impaired driving.

Free, family-focused fun at Niagara County's 'Fresh Air Fridays'

Submitted by the Niagara County Department of Health

The Niagara County Department of Health, in partnership with P3 Center for Teens, Moms and Kids and the Healthy Moms Healthy Babies Coalition, are excited to share our "Fresh Air Friday" program. From July 5 until Aug. 30, we will be at various parks around Niagara County every Friday from 1-3 p.m.

Each week will feature a different theme with free, family-friendly activities, snacks and prizes. Community partners

will be onsite with resources and information for families, including childhood development, childhood immunizations, lead prevention, child safety and much more.

Director of Children and Youth with Special Health Care Needs Janice Jenosheck said, "There are so many benefits to playing and being outside, in a world where we all spend a lot of time in front of screens. Knowing that we also have the opportunity to share important developmental and health information with our

residents makes these events even more unique and exciting."

Director of Perinatal and Infant Community Health at P3 Center Eileen Kineke said, "Play is an essential tool for learning. 'Fresh Air Fridays' will provide opportunities for play by bringing families together in public outdoor spaces throughout the summer."

Come join us this summer for fresh air and sunshine, as well as health information, vaccinations, and more!

Schedule of events and

themes:

√ July 5 - "How We Grow": Schoellkopf Park, 650 Portage Road, Niagara Falls

√ July 12 - "Magic of Your Imagination": Krull Park, 6108 E. Lake Road, Olcott

√ July 19 - "Chalk and Art Festival": Canal Street Gazebo, 69 Canal St., Lockport

√ July 26 - "Move Through Your Senses": North Tonawanda Library, 505 Meadow Drive

√ Aug. 2 - "WIC Event": 3200 Pine Ave., Niagara Falls

√ Aug. 9 - "Discovering Wa-

terways": Oppenheim Park, 2713 Niagara Falls Blvd., Niagara Falls

√ Aug. 16 - "Move and Connect": Pendleton Park, 6570 Campbell Blvd., Lockport

√ Aug. 23 - "Being a Team Player": Kenan Center, 433 Locust St., Lockport

√ Aug. 30 - "Magic of Your Imagination": Artpark, 450 S. Fourth St., Lewiston

For more information, visit our website (<https://www.niagaracounty.com/health>), or the P3 Facebook event page.

WBA announces scholarship recipients

Popular magicians named Business of the Year

Business of the Year

The WBA also announced Rob & Carol Allen Entertainers as Business of the Year.

It shared the husband and wife have been working together for 53 years. Early in their career, they spent time on cruise ships traveling to the Caribbean and South America, while also working extensively throughout the U.S. and Canada, in night clubs, theaters, and as an opening act for celebrities.

For the past 48 years, the duo has teamed with the Western New York Dairy Farmers to present a nutrition-themed magic show in schools in five counties across Western New York. Rob & Carol Allen currently hold the record for the longest-running, continuously sponsored show in the world.

Locally, they have appeared at Shea's Buffalo Theater, Kleinhans Music Hall, The Riviera Theater, the Palace Theater, the Chautau-

qua Institute and Melody Fair. They are appearing this summer at the Carousel Park in Olcott every day the site is open.

The Wheatfield Business Association announced its 2024 scholarship recipients: Ava Vera Anastasi, a Starpoint graduate; Molly Graham, a Niagara Wheatfield graduate; Ella Casullo, a Starpoint graduate; and Joseph Gavacs, a Niagara Wheatfield graduate.

2024 scholarship awards were presented in honor of recently passed members: Dan O'Farrel, Bill O'Farrel, the Rev. Bob Heisner; and Glenwood Maerten, one of the original establishing members.

'Classics at the Carrousel'

The Herschell Carrousel Factory Museum is presenting the fourth annual "Classics at the Carrousel" car show from 11 a.m. to 3 p.m. July 20. The event is free for the public to watch, and \$20 per entered car. Look for food trucks, raffles and music.

For more information, visit www.carrouselmuseum.org or call 716-693-1885.

The Youngstown Village Diner
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~ WEEKLY SPECIALS ~
MON CLOSED
TUE 6AM-2PM - Spaghetti & Meatballs, Chicken Parm, Eggplant Parm, Spaghetti Parm
WED 6AM-2PM - Turkey Salad on a Croissant or Fish - Haddock: Breaded-Battered-Baked
THURS 6AM-2PM - Steak and Cheese Hoagies or Fish - Haddock: Breaded-Battered-Baked
FRI 6AM-2PM - Haddock, Fish Sandwiches, Tuna Melts & New England Clam Chowder
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Long COVID: Understanding the Post-Pandemic Health Issues in America

Although the pandemic is officially over, there are still several post-pandemic factors affecting the health of Americans.

Long COVID is the name researchers have given the most prevalent of these factors. According to the Centers for Disease Control (CDC) Long COVID can include a wide range of ongoing health problems; these conditions can last weeks, months, or even years.

At least 65 million individuals worldwide are estimated to have Long COVID, with cases increasing daily.

Long COVID is a variety of symptoms in any combination or individually, that linger after being exposed to the COVID virus.

Patients with Long COVID report prolonged, multisystem involvement and significant disability. By seven months, many patients have not yet recovered and have not returned to previous levels of work. They continue to experience significant symptom burden.

The strange thing is that you can get Long COVID even though you were not sick with the virus. In some cases, a person with Long COVID may not have tested positive for the virus, or even known they were exposed.

Some Long COVID sufferers only contact with the virus is from the vaccination. The National Institutes of Health (NIH) reports that getting vaccinated only lowers your chance of getting Long COVID by 15 percent.

For an informative booklet on the subject presented by Ulan Nutritional Systems, Inc., call (716)754-9039 and we will mail it out to you or stop by our office, Rose Chiropractic, P.C. at 435 Ridge St. in Lewiston and pick one up. (References for the above statements are included in the booklet.)