



Thanks to everyone who participated in Earth Day cleanup

Submitted by the Lewiston Community Lions Club
The Lewiston Community Lions extend heartfelt appreciation to all community members and organizations who contributed to the success of this year's village Earth Day cleanup. Special recognition goes to the Lewiston Kiwanis Club, Boy Scout Troop

855, and the Lew-Port Key and Builders clubs for their invaluable participation.

Chairman Lion Rob Nichols expressed his satisfaction with the event, marking it as the third successful annual cleanup.

"Everything ran exceptionally smoothly," he said.

The Lions express gratitude to the Village of Lewiston for its ongoing partnership, with a special acknowledgment to Mayor Anne Welch for her active involvement and support.

The generosity of Bob Burns and Lewiston Tim Hortons in providing hot chocolate, coffee

and doughnuts contributed significantly to the event's warmth and fellowship, and for that, the Lions extend sincere thanks.

As the Lewiston Community Lions commemorate 15 years of dedicated service to the community, we invite those interested in volunteering for future

events or learning more about their initiatives to visit our Facebook page, or reach out via email at thelewistoncommunitylions@gmail.com. Join us in making a positive impact on the community!

IN THE NEWS

HART holds 'Swinging for Seniors' golf tournament

Home Assistance Referral Team is holding a golf tournament, "Swinging for Seniors," Monday, June 3, at Niagara Frontier Golf Club. The 18-hole scramble format begins with registration at 10:30 a.m. A shotgun start at noon will include lunch, dinner, prizes and fun!

Cost is \$160 per golfer or \$640 per foursome.

CARSTAR, Metro Environmental, DiMino's Lewiston Tops, Deal Realty, and the Brickyard Pub & BBQ are some of the tournament sponsors to date. Those interested in being a sponsor, or participating in golf, can contact Christine S. O'Hara at HART at 716-754-8313 or by email at christine.ohara@hartprogram.org. There is also a dinner-only option available for \$55.

HART is a referral service that connects seniors and others with qualified care, allowing them to remain independent in their own homes. Located at 505 Cayuga St., Lewiston, HART has been serving individuals and



American Red Cross hero John Woodley. (Submitted photo)

families for over 40 years in Niagara and Erie counties.

Contact the HART office at 716-754-8313 for more information.

Woodley donates 27th gallon of blood to help those in need

On April 17, Lewiston resident John Woodley, a long-time

blood donor with the American Red Cross, made his 27th gallon blood donation. Woodley began donating blood when a family member was suddenly in need of numerous units of blood, realizing the importance of blood being on the shelves. Woodley likes to donate in his community, but has

donated at various different locations. His 27th gallon donation was made at First Presbyterian Church in Lewiston.

A press release stated, "On behalf of The American Red Cross, and numerous patients that Dave has helped through his blood donations, a huge thank you!"

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Reduce Toxic Exposure at Home

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- Buy products in glass bottles or jars rather than plastic.
- Store food or beverages in glass rather than plastic.
- Avoid using plastic wrap.
- Eat mostly raw, fresh food; organic as much as possible.
- Replace your non-stick pots and pans with ceramic or glass.
- Filter your water for drinking and bathing.
- Look for products that are earth-friendly, green, non-toxic and/or 100 percent organic.
- Avoid artificial air fresheners, dryer sheets, fabric softeners or other synthetic fragrances. Look for products that are fragrance-free.
- Avoid stain and water-resistant clothing, furniture and carpets to avoid harmful chemicals.
- Switch over to safe/natural toothpaste, antiperspirants, shampoo and cosmetics.

Our purpose is to help as many people as possible improve their health through safe, natural, effective methods and to educate them to lead healthy lives. Rose Chiropractic, P.C. is located at 435 Ridge St., Lewiston. Call (716)754-9039

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SALE

Based on the Niagara County Sanitary Code, a permit is required to serve food to the public.

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~ WEEKLY SPECIALS ~

MON CLOSED

TUE 6AM-2PM - Spaghetti and Meatballs, Chicken Parm, Eggplant Parm, Penne Parm

WED 6AM-2PM - Hot Roast Beef Sandwich or Fish - Haddock: Breaded-Battered-Baked

THURS 6AM-2PM - Schnitzel w/Potato Pancake & Sauerkraut or Fish

FRI 6AM-2PM - Haddock, Fish Sandwiches, Tuna Melts & New England Clam Chowder

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