

Lewiston Town Board in holiday mode

Work session includes Christmas activities, LPD retirement

BY TERRY DUFFY
Editor-in-Chief

Coming off a successful Christmas Walk weekend, the Lewiston Town Board was in holiday mode with a light work session on Monday. News included a busy holiday schedule at the Lewiston Senior Center; the Recreation Department's Christmas season public skates at Niagara University's Dwyer Ice Arena; Christmas at the Farm in Sanborn; a street name-change above the hill; and the retirement of longtime Lewiston Police Department officer Tod Davidson.

Melinda Olick, director of the Lewiston Senior Center, spoke of many events in planning over the next few weeks.

"Yes, we have lots of fun things for the month of December at the Senior Center," she said. "Included are a jazz concert this Friday; holiday singing on Dec. 16 by Lewiston-Porter fifth graders; the center's first holiday craft and vendor fair on Dec. 17 and 18; and the center's annual holiday luncheon, also on Dec. 18."

The Rec. Department's "Winter Skates" program has taken over at NU with a number of special day and evening events. The announced schedule includes "College Team Day," 7:30-9 p.m. Dec. 18; "Disco Night," 7-9 p.m. Dec. 20; "Skate with Santa," 4:30-6:30 p.m. Dec. 21; and the "Winter Break Bash," 12:30-2:30 p.m. Dec. 23. The all-ages fun continues during the Christmas break with "School Spirit Day," 12:30-2:30 p.m. Dec. 26; "Disney Day," 5-7 p.m. Dec. 27; "Bills Mafia Day," 3:30-5:30 p.m. Dec. 28; and "New Year's Fest," noon-2 p.m. Dec. 30. It wraps up with "Favorite Hoodie," 7:30-9 p.m. Jan. 8, 2025, and "Sabres Night," 7:30-9 p.m. Jan. 15.

"The big event is Saturday the 21st, which is 'Skate with Santa,' and then Monday the 23rd is 'Winter Break,'" Councilwoman Sarah Waechter said.

Town Supervisor Steve Broderick said many of the skate events are being sponsored by area businesses and "are absolutely free to the public, young and old alike. Please come and enjoy the open skate at Niagara for free."

For more information on "Winter Skates," visit the Lewiston Recreation Department on Facebook.

Other news

Councilman Jason Myers reminded residents to check out Christmas at the Farm from 11 a.m. to 3 p.m. Dec. 14-15 at the Sanborn Farm Museum, 2660 Saunders Settlement Road. Presented by the Sanborn Business and Professional Association, this event includes a holiday party for kids ages 2-12; visits with Santa and the balloon guy; coloring contests; crafts; and the Santa store.

"It's a real kids-oriented event to meet Santa, have pictures taken," Myers said. "They'll have crafts and all sorts of different things."

In more news from the session: •Broderick announced a street name change for a roadway located off Country Club Trail.

"The request was made to the town by the new owner of the Lewiston Heights luxury estate subdivision to change the name of Mountain Ash Lane, which is a stub road off of County Club Trail, to Augusta Lane," he explained.

Broderick said he consulted with various entities, including the Lewiston Police Department, the Niagara County Sheriff's Office, the town's Highway Department, Niagara County Planning, and other county agencies who all gave their approval.

The matter went on to be approved by the board on a motion from Waechter and Councilman John Jacoby.

•Jacoby went on to announce the retirement of LPD officer Davidson. He shared from a letter received from the officer: "After much deliberation, it is time for badge 120 to call it day. That being said, the past 40 years of service with the Lewiston Police Department has been filled with pride. I have been very proud to serve our community as a member of this great department. Please accept this letter as my resignation letter, dated 12-1-24."

Board members approved the Jacoby motion and accepted Davidson's resignation, with regret.

Broderick, a retired lieutenant with the Niagara County Sheriff's Office, commented, "I had the pleasure of working with Tod for several years, and he is a fixture in all our events here in Lewiston. I'm sure he'll still be spotted at some of those, and just being plain-clothes. I wish him the best at retirement."

'Candlelight Christmas Concert' in Youngstown

First Presbyterian Church of Youngstown will present its annual "Candlelight Christmas Concert" at 7 p.m. Saturday, Dec. 14, in the church sanctuary at 100 Church St.

The free program will include sacred Christmas and advent pieces performed by the handbell choir, featuring a solo by Susan Collyer; and the chancel choir, with several songs being accompanied by stringed instruments. There will also be a piano solo by resident organist/pianist Alan Spring, who will also play in a piano/violin/cello trio; a set by Tune It Up (the Scully brothers - Jack on cello, James on

harp, and Liam on violin); a set by Celtic duo Step In Time (Marcia and Monte Jones); and vocal solos by Dale Austin and Melissa DiPasquale.

Other featured musicians and singers will include Rosie Hagel, soprano; Bill Siddall, baritone; Katie Kremer, cello; David Spring, violin; and Samantha Godus, violin and cello.

There will be opportunities for the audience to sing along on a variety of Christmas carols.

Paige Hardison is the music director and director of the chancel and handbell choirs.

Veterans to be honored at wreath-laying ceremony

Exchange Club, Wreaths Across America honor veterans at cemetery ceremony

Press Release

Members of the Erie Niagara Sunrise Exchange Club will once again join Wreaths Across America by placing more than 375 wreaths on veterans' graves at Mount Olivet Cemetery in the Town of Tonawanda at noon on Dec. 14.

This is the fourth year the local Exchange Club will participate in the national group sponsorship program whose mission is to "Remember the fallen, Honor those who served, and Teach the next generation" the value of freedom.

The goal is to support efforts that help unify the community and celebrate our freedom by thanking the hundreds of veterans laid to rest at Mount Olivet. A dedication ceremony in the Holy Family Mausoleum at noon will precede the wreath laying.

The ceremony will include Col. David Albanese as commentator; George Miller, vocalist; the Hon. Dr. John Long, WWII veteran; Exchange members who will read the names being honored; and an honor guard by TAK Civil Air Patrol Composite Squadron.

At the conclusion of the ceremony, volunteers will place a live, balsam wreath on each of 375 veterans' graves within St. Michael the Archangel Veteran Section as well as surrounding sections.

Highmark, Blue Cross Blue Shield is this year's overall event sponsor.

"Wreaths Across America is



integrity, excellence, respect and volunteer service. We put our values into action by participating in Wreaths Across America to honor those who have served," spokesperson Susan Busch said.

"We are forever grateful to all the volunteers and groups who dedicate their time, energy and resources nationwide to fulfilling this yearlong mission," said Karen

Worcester, executive director of Wreaths Across America.

Wreaths Across America is a 501(c)(3) nonprofit organization founded to continue and expand the annual wreath-laying ceremony at Arlington National Cemetery begun by Maine businessman Morrill Worcester in 1992. The organization's mission - "Remember, Honor, Teach" - is carried out in part each year by coordinating wreath-laying ceremonies in December at Arlington, as well as at more than 4,700 additional locations in all 50 states and beyond.

For more information, to sponsor wreaths or to sign up to volunteer, visit www.WreathsAcrossAmerica.org.

a deeply meaningful program, and Highmark Blue Cross Blue Shield is truly proud to support it again this year. This initiative provides a powerful way to honor the selfless service and sacrifice to those who have come before us, protecting the freedom and liberties we all cherish," said Jessica Cox, president, Highmark Blue Cross Blue Shield. "It's a humbling experience for all of us at Highmark to participate in this tribute and remember the legacy of those who gave everything for our country."

TAK Civil Air Patrol Composite Squadron, a proud partner with Exchange Club, not only made a substantial impact by sponsoring wreaths, but will provide the Honor Guard and escorts for our volunteers

"We try to instill in our cadets the Civil Air Patrol core values of

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WED 6AM-2PM - Hot Turkey Sandwich or Fish - Battered, Breaded, Baked
THURS 6AM-2PM - Schnitzel w/ Potato Pancake and Sauerkraut or Fish
FRI 6AM-2PM - Haddock, Fish Sandwiches, Tuna Melts & New England Clam Chowder
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Get the "white" out of this Holiday Season

Lots of white flour, white sugar and dairy products are the usual faire of our holiday traditions. Cookies galore, eggnog, chocolates, candies, fancy cakes, crackers, processed cheese, alcohol, etc. tend to become an over-indulgence for most and an all out attack on our health from Thanksgiving through New Year's Eve.

We all know "it's bad for you", but it *really is toxic*, uses up vitamins, depletes minerals and is suppressive to your immune system. White flour and dairy are major mucus formers. It never surprises me that more people are sick with colds and flu come January. The body has to get rid of all that "gunk" somehow and the germs in the body just thrive on it.

I'm not saying don't be eat good tasty treats. Take those old traditional recipes and use healthier ingredients. Small changes add up! Avoid chemical dyes, artificial sweeteners, baking powder containing aluminum, canola oil, margarine and vegetable shortening. Substitute whole grain flours; to sweeten: Stevia, raw honey, maple syrup, coconut sugar, organic unsulfured dried fruit. Use raw nuts, grass-fed butter, organic avocado oil, and almond/coconut/oat milk. Use spiced cider, instead of eggnog.

Grilled or sautéed vegetables are always a good and colorful dish - toss them with olive oil, fresh garlic, sea salt, pepper, oregano and basil. Look up other healthy recipe substitutes online. The main change is getting the "white" out.

Rose Chiropractic, PC is located at 435 Ridge St. Lewiston. Call (716)754-9039, if your HO, HO, HO becomes OH, OH, OH. Wishing you and yours, Happy, Healthy Holidays...naturally!